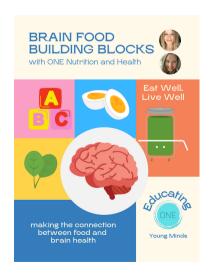


BANANA PANCAKES

INGREDIENTS

- 1 ripe banana
- 2 large eggs, lightly beaten
- Butter or oil, for cooking (optional)
- Maple syrup, jam, or any other toppings, for serving...grated apple, blueberries, hemp seeds, yogurt

(Makes 8 small pancakes)





DIRECTIONS

- 1. Peel the banana and mash in a bowl until a smooth consistency.
- 2. Crack and add the 2 eggs to the same bowl. Whisk together until mixture is combined.
- 3. Heat your frying pan on medium heat with butter or olive oil.
- 4. Scoop a small portion of prepared batter into pan.
- 5. Watch for pancakes to become bubbly then flip. Fry for another 2 minutes
- 6. Sprinkle with toppings and enjoy!